Who Has What?

All About Girls' Bodies and Boys' Bodies

ROBIE H. HARRIS

illustrated by
NADINE BERNARD
WESTCOTT

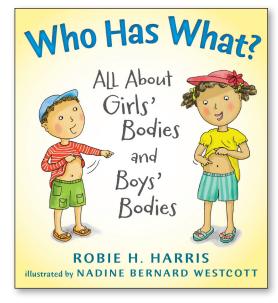
Young children are curious about almost everything. Asking questions is one of many ways they learn about themselves and the world around them. So now the "Let's Talk About You and Me" series provides easy-to-understand facts and answers to their delightful, thoughtful, and often nonstop questions. Launching the series is Who Has What?, a simple, but engaging story following Nellie and Gus on a family outing to the beach.

Charming illustrations, conversations between these two siblings, and a clear text all reassure young children that whether they have a girl's body or a boy's body, their bodies are perfectly normal, healthy, and wonderful. Nadine Bernard Westcott's accurate and entertaining illustrations offer an inviting way for children to discover straightforward, fascinating information about themselves.

The author of the series is Robie H. Harris, whose award-winning nonfiction books are known as "the source" for addressing kids' questions about themselves, their families, and their friends. Harris' books have been featured in national and international news media outlets such as the New York Times, the London Times, and The New Yorker, as well as on the Today show, and have become widely adopted by parents, educators, librarians, health professionals, and clergy.



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ON SALE SEPTEMBER 2011

\$15.99 (\$18.99 CAN) ISBN 978-0-7636-2931-1 32 pages Ages 2-6

Praise for Who Has What?

Who Has What? is honest, age-appropriate, scientifically accurate, and created in a way that will make sense to and feel comfortable for a young child. Both the text and art were vetted by many parents of young children and by numerous experts who teach, work with, and study young children, among them leading educators and pediatricians. Here is what a few of them had to say:

"What a great book to help small children understand their own bodies and those of others! The simple words and pictures will help parents answer young children's questions clearly and comfortably."

— T. Berry Brazelton, M.D., founder of the Brazelton Touchpoints Center, Children's Hospital, Boston, and Joshua D. Sparrow, M.D., co-author with Dr. Brazelton of Touchpoints: Birth to Three and Touchpoints: Three to Six

"This is a completely delightful book for parents to enjoy with their children—it will answer questions, start conversations, and make everyone smile."

 Perri Klass, M.D., professor of journalism and pediatrics, New York University, and director of graduate studies, Arthur L. Carter Journalism Institute, New York University

"Answering your children's questions about the similarities and differences between boys and girls isn't easy—that is, until *Who Has What?* came along. Written in a supportive, honest, and playful way, this book is the perfect springboard for important family conversations. Nadine Bernard Westcott's whimsical drawings complement the text and enhance opportunities for even better family conversations."

 Ellen Galinsky, author of Mind in the Making and president of the Families and Work Institute

About the Author

Robie H. Harris is the author of *It's Perfectly Normal*, named the "go-to book" on sexual health for kids age ten and older. She is also the author of *It's So Amazing!* and *It's NOT the Stork!*, essential guides for younger school-age children on bodies, babies, families, and health. While working on *Who Has What?*, she consulted with parents, grandparents, educators, librarians, child-development specialists, health professionals, and clergy to make sure

that the information and illustrations answer our youngest children's questions about themselves in an age-appropriate and honest manner.



Q & A with Author Robie H. Harris

Why did you decide to write a book for very young children about their bodies?

Older kids are not the only ones who have questions about their bodies and about growing up. Young children also have all sorts of questions about their own bodies and about other people's bodies. That's why I felt that a book that discusses and shows all the parts of our bodies, both girls' bodies and boys' bodies, would be fascinating and fun for young children and their families to read and share together.

Why is it helpful for young children to know the names for all the parts of their bodies?

Young children are curious about ALL the parts of their bodies. As parents, we teach them the names for their toes and elbows and nose. But if we do not name such parts as the vagina and penis, the message to children is that those parts of the body are naughty or bad, when in fact reading about and talking about ALL the parts of the body reassures young children that those parts are perfectly normal and healthy parts of their bodies.

Why didn't you write one book just about girls' bodies and another book just about boys' bodies?

Most young children want to know how and why their bodies are the same and different from each other's. I felt that writing about boys' and girls' bodies in the same book would help young children understand what makes them male or female, and knowing that would help them feel proud of the body they have. I also felt that it would help a young child learn to respect other people's bodies, even if someone's body is not the same as one's own body.

How can sharing a book help a child and parent start a conversation?

The words and the illustrations in *Who Has What?* were created not only to help young children learn and know about their own bodies, but also to help them learn about the many different kinds and shapes and sizes of bodies they see day in, day out. When a trusted grown-up shares a book about bodies with a young child, the words and illustrations in that book most often prompt questions and comments from the child, and that in turn often becomes the first of many conversations between that child and adult—conversations that can continue through puberty and adolescence.

What if a parent feels uncomfortable talking about or naming all the parts of the body?

Some parents find it difficult to talk with their child about the private parts of the body, or as many young children say, "the girl parts" and "the boy parts." That's one of the reasons I wrote *Who Has What?* My hope is that when this book is read to a young child, the words and illustrations become a way of talking with that child. However, another trusted adult who knows the child well—a family member, teacher, librarian, health care professional, or clergy member—can read *Who Has What?* to a young child and talk with that child if for any reason it is too difficult for the child's parent to do so.

